



A & H Update

No. 11 Issue 1 Winter 2021



Welcome to this issue of A & H Update

Our quarterly newsletter is designed to keep you updated with all our news.

This years looking brighter – Tooth whitening special offer £150

With the start of a new year many people think of making changes to improve their health and/or appearance. If you are looking to keep your smile **healthy** and **looking fantastic** we are here to help.

Throughout **January** and **February** our Hygienist **Tanya** is offering tooth whitening at a reduced rate of just £150. The treatment takes two visits, one for dental impressions and a further visit to check the tray fit and demonstrate the whitening procedure.

Appointments are available **Wednesday mornings** and all day on **Thursdays**.

A & H Bitesize

- We are very pleased to announce that we have **awarded accreditation to the British Dental Associations Good Practice Scheme** for the 20th consecutive year. The scheme is a **quality assurance** program for dental practices for which well over a hundred quality standards Need to be met. **Thank you** to all our staff who consistently work hard to improve our service.
- Thank you** to all the donations from staff and patients which allowed us to make a sizeable donation to **Warwick food bank** at Christmas.

Coronavirus Update

Thank you to all our patients for their cooperation with our COVID19 procedures last year. Can we please ask that you continue to wear a **face covering** even if you have received your vaccination as we continue to keep everyone **safe**.



British Heart Foundation National Heart Month February 2018

There are about 2.6 million people in the UK living with coronary heart disease. There is now a clear link between poor dental health and an increased risk of developing heart disease. Studies show that patients who **brush their teeth** twice a day and maintain **dental health** are far more likely to have a **healthy heart**.

Join our Practice Membership Scheme and start saving money now!

Standard Membership just £14.75 per month

- Includes FREE six monthly dental health checks and hygiene appointment.
- Also a 20% discount on many treatments

Enhanced Membership just £17.50 per month

- For patients requiring extended hygiene care.

Joining is quick and easy – just one form with your name, address, date of birth, and direct debit details and that's it, you're in!

No Smoking Day 10th March 2021 The day you start to stop

The British Heart Foundation is running its annual No Smoking Day on 10th March. Visit www.bhf.org.uk for more information and support with stopping smoking. From a dental point of view the health of the mouth is drastically improved with quitting, a decrease in the risk of mouth cancer, **improved gum health**, **less staining** on the teeth and **fresh breath** to name but a few benefits.

Our Refer a Friend Scheme is proving popular. Let your friends know that you have your teeth cared for by A & H Dental Care and if they join our practice and mention your name we will send you £15 of High Street vouchers to say thank you!

Patient Corner - What do you think?

Patient views are important to us and help us to constantly improve our service. If you have any feedback about our practice please feel free to talk to any member of staff or post ideas on our Friends and Family Test forms in reception.