



A & H Update

No. 14 Issue 3 Summer 2024



Welcome to this issue of A & H Update

Our quarterly newsletter is designed to keep you updated with all our news.

Brighter Whiter Smile This Summer

Pola Light is a **fast, easy** and **comfortable** to use at-home whitening kit.

Pola Light is an **advanced** tooth **whitening** system that combines Pola's award winning whitening formula, with an LED mouthpiece for a faster whitening treatment. From just 20 minutes per day, either 2 x 10 or 2 x 15 minute treatments a day.

Fast acting, safely formulated to remove long term stains. Returning your teeth to their whitest natural shade.



Join our Practice Membership Scheme and start saving money now!

Adult Membership from £18.75 - £34.50/month

- Includes FREE six monthly dental health checks
- Either 2 mini or 2/4 full hygiene sessions per year dependent on plan. (Bronze/Silver/Gold)
- 10% discount on many treatment items
- Worldwide Dental Assistance Scheme
- Redundancy protection of £15/month towards plan payments.

Children's Membership from £3.00/month

Joining is quick and easy – just one form with your name, address, date of birth, and direct debit details and that's it, you're in!

A & H Bitesize

- Google Reviews:** Please help us to grow our practice by reviewing us on Google. **5 star** ratings help us attract new patients meaning our practice thrives, thus allowing us to reinvest for the **benefit** of all our patients.
- Book a FREE ' Implant Chat' with Adam to see how **dental implants** can help you.
- Cosmetic dentistry -summer arriving can make many people want to improve their health and appearance. **Cosmetic** dental treatments to make your **smile** look and feel **great** range from simple hygiene appointments to tooth **whitening**, white fillings, crowns, veneers and dental implants.

Sports Mouth Guards

Custom fit sports mouth guards provide the ultimate in teeth **protection** for adults and children. By taking an impression of your teeth and gums our mouth guards are made to fit you perfectly ensuring the utmost in comfort.



Book an appointment before the kids go **back to school** so they are ready for all the sporting challenges next term offers. We have a huge range of colours available!

Our Refer a Friend Scheme is proving popular. Let your friends know that you have your teeth cared for by A & H Dental Care and if they join our practice and mention your name we will send you £15 of High Street vouchers to say thank you!

Patient Corner - What do you think?

Patient views are important to us and help us to constantly improve our service. If you have any **feedback** about our practice please feel free to talk to any member of staff or post ideas on our Friends and Family Test forms in reception.